

LABORATORY SERVICES Specimen Collection

NASOPHARYNGEAL SPECIMEN COLLECTION A Collection Guide for Caregivers - Inpatient

Flexible Mini-Tip Flocked Swab for Viral Specimens:

- Have patient blow their nose or use bulb syringe to clear mucus. Specimens need to have as <u>little or no mucus</u> if possible. (The specimen sample is the tissue cells collected on the swab).
- 2. Ask patient to flare nostril to avoid touching skin with swab.
- 3. Gently pass one flexible mini-tipped flocked swab through each nostril, without touching the outside of the nostril, until it comes to the first line of demarcation of the swab (see figure 1).
- 4. Rotate the swab to collect the specimen.
- 5. Remove the swab carefully, avoiding contact with the skin area of the nostril.
- 6. Flexible mini-tipped flocked swabs must be carefully placed into the appropriate container (see table 1).
- 7. Label container with patient/specimen label and indicate "nasal swab". Send to laboratory immediately.

